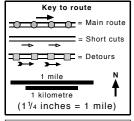
The Blue Lagoon Ride



www.cyclingwales.co.uk 201 Only to be used by bicycle, not by car. Not to be reproduced. Some signposts may have changed since this route map was written.

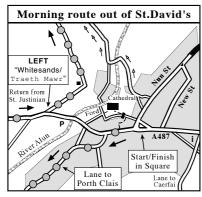
Veiws of

Ramsev Sound

and Ramsev

Island

© Rob Green & Jane Barnes



St David's

Head

(Penmaen Dewi'

LEFT "Whitesands

Porth

Clais

ST

STOP by bridge at Porth Clais harbour

Note lime kilns on right side of harbour (info board). King Arthur

is said to have landed here whilst chasing a troublesome wild boar

out of Ireland. He finally killed it on the Preseli Hills

Whitesands

(Porth-mawr)

Clegyr Boia

St Instinian

(Porthstinian)

(lifeboat station

Ramsey

Sound

RAMSEY

ISLAND

SEA

RIGHT

red sign in junction

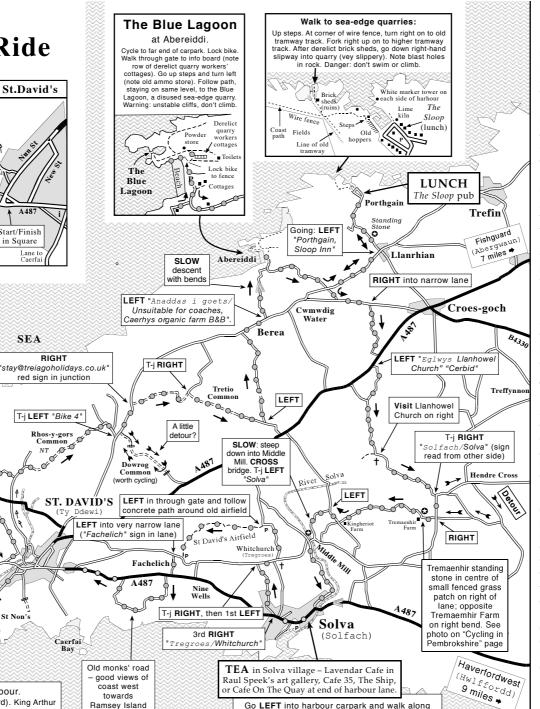
T-i LEFT "Bike 4

Common

Caerfai

BRIDE'S

BAY



footpath on right side of harbour. At lane, go LEFT

to end of lane. Retrace and follow up to A487, turn

LEFT (up hill), Turn 3rd RIGHT

"Trearges/Whitchurch"

Newgale

Niwgwl

POINTS OF VIEW

St Justinian (Porthstinian): Home of St David's lifeboat station. Ramsey Sound, between here and Ramsey Island, is a dangerous stretch of water. Ramsey Island was once joined to the mainland, and you can see the white water breaking over the submerged rocks of The Bitches (to the left). Seaward of Ramsey Island are the perilous Bishops & Clerks rocks. St Justinian lived on Ramsey Island until he was

Cleavr Boia: Scant remains of Neolithic & Iron Age settlements (hardly worth climbing). Said to be the 'castle' of Boia, the local ruler who tried in vain to resist St David 1,500 years ago Legend has it that Boia's wife told her maids to "go where the monks can see you and, with bodies bare, play games and use lewd words". The display had the desired effect on all the monks except St David. There was divine retribution. Boia's wife slew her stepdaughter and went mad, whilst Boia, his household and the castle were destroyed by fire from heaven [so much for Boia-ism!].

Whitesands Bay (Treath-mawr, means 'big beach'): Popular sandy beach. Worth a visit (but perhaps not today).

Abereiddi: Old slate quarrying village, hence colour of beach (black). Flooding closed the coastal quarry in 1904, forming 'The Blue Lagoon'. Remains of slate workers cottages can be seen far end of car park. Toilets 100yds inland from gate. Do not climb on cliffs - unstable.

Porthgain: Crammed with relics of coastal quarrying, brick making, and stone-crushing plant. Stone from the storage hoppers (derelict brick building running along left side of harbour) was loaded directly into small ships to be taken to London to build streets. Two white stone towers mark the concealed harbour entrance. A tunnel runs from 1st archway in hoppers to disused guarry behind hoppers. Quarrying ended in 1932 depression. Worth a walk to coastal quarries - up steps by small brick building at far end of harbour. Good views of Strumble Head lighthouse to right (north) from quarry. Danger: don't swim or climb cliffs